

Critical Incident Stress Management (CISM): Advanced Group Crisis Intervention

The two-day advanced CISM training program has been designed to provide participants with information on Critical Incident Stress Management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning Critical Incident Stress interventions as well as Post Traumatic Stress Disorder that has been established in the Basic program.

The Advanced program addresses concepts that are at the foundation of CISM and the group interventions of defusings and CISD. The course does not provide the Basic CISD instruction, but rather addresses advanced concepts in CISD and CISM. Special emphasis will be placed upon troubleshooting difficult or complex situations.

The Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life.

Learning Objectives:

- Be able to list 6 Core Activities of a CISM team
- Be able to list 3 differences in responding to a Line of Duty Death
- Be able to list 3 reasons to determine which CISM response to use when responding to a specific Critical Incident

General Continuing Education Credits:

14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 16.8 Nursing Hours; OR 1.4 general CEUs from University of Maryland Baltimore County

Completion of The CISM: Advanced Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

Learning Materials:

The instructor will supply a workbook and handouts of the PowerPoint presentation used in this course. Lecture and discussion will be the main learning activities along with the extensive use of small group activities. A short post-test will also be used to measure learning.

Assignments:

Participants are expected to actively engage in dialogue with the instructors and other participants during interactive segments of the course.

Evaluation:

There will be an opportunity for the participants to complete an evaluation of the course and the instructor. Depending on the requirements of the hosting organization, there may be a short post-test of the material at the end of the seminar.