

# Team Building

Today much of our work is done in some form of team, yet we often neglect to provide teams with an opportunity to learn how to work with each other in an effective and efficient way. Having an understanding of group dynamics and how good teams function can lead to better team work.

This one day workshop is designed for use by existing teams, or supervisors of teams, wanting to learn ways to increase their team's effectiveness in working together.

## Course Objectives:

Participants who complete this course will be able to:

1. demonstrate a working knowledge of team dynamics and roles
2. learn and practice techniques to work with team members
3. learn and practice skills using activities to increase team cohesiveness
4. develop a plan for bringing this information into their workplace

## Continuing Education Credits for Social Work Licensing:

Kantu Consultants, LLC, provider number 1138, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. Kantu Consultants, LLC maintains responsibility for the program.

Social Workers completing this course will receive 6 continuing education credits.

## Daily Agenda:

Day 1: (8:30 a.m. – 4:30 p.m.)

- Understanding the nature of teams
- Positive team behavior
- Not so positive team behavior
- Understanding your contribution to team behavior
- Practice skills in working in group
- Small group role plays
- Effective communication skills
- Dealing with strong emotions

## Learning Materials:

The instructor will supply a workbook and handouts of the PowerPoint presentation used in this course. Lecture and discussion will be the main learning activities along with the extensive use of small group activities. A short post-test will also be used to measure learning.

## Assignments:

Participants are expected to actively engage in dialogue with the instructors and other participants during interactive segments of the course.

**Evaluation:**

There will be an opportunity for the participants to complete an evaluation of the course and the instructor. Depending on the requirements of the hosting organization, there may be a short post-test of the material at the end of the seminar.

**Problems with this Workshop:**

If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the training, you may talk directly to instructor, or you may contact us through our web page ([www.Kantu.org](http://www.Kantu.org)) for resolution.