

Critical Incident Stress Management: CISM Group Crisis Intervention

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multicomponent crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multicomponent crisis intervention strategy, which is discussed in this course.

At the completion of this course, participants will be able to: Define Critical Incident Stress and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Crisis Management Briefings, Demobilizations, Defusings, and CISDs.

Learning Objectives:

1. To increase awareness of key terms and concepts relevant to the practice of crisis intervention and disaster mental health intervention.
2. To become familiar with relevant research findings.
3. To become familiar with relevant recommendations for practice.
4. To understand the nature and importance of incident assessment and strategic intervention planning.
5. To understand the nature of the “resistance, resilience, recovery” continuum and the role of the integrated, multi - component Critical Incident Stress Management system (CISM).
6. To become familiar with large group crisis interventions:
 - Demobilizations.
 - Crisis Management Briefings (CMB)
7. To become familiar with risks of adverse outcome associated with crisis intervention and how to reduce those risks.
8. To become familiar with small group crisis interventions:
 - Defusing
 - Critical Incident Stress Debriefing (CISD)
 - Small Group Crisis Management Briefing (sCMB)
9. To practice large and small group crisis interventions by means of exercises.
10. To practice specifically the small group Critical Incident Stress Debriefing (CISD).

Continuing Education Credits for Social Work Licensing:

Kantu Consultants, LLC, provider number 1138, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Kantu Consultants, LLC maintains responsibility for the program.

Social Workers completing this course will receive 13 continuing education credits.

General Continuing Education Credits:

14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 16.8 Nursing Hours; OR 1.4 general CEUs from University of Maryland Baltimore County

Completion of The CISM: Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

Day 1: (8:30 a.m. - 5:00 p.m.)

- General, cumulative, critical incident stress and PTSD
- High risk populations: emergency services, military, other
- 'Critical Incidents' - death, injury, threat, terror, disaster, etc.
- Critical Incident Stress Management (CISM) fundamentals
- Core intervention tactics
- Demobilization
- Defusing of small groups

Day 2: (8:30 a.m. - 5:00 p.m.)

- Defusing Demonstration
- Essentials of group intervention, Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD
- Factors which enhance CISD success
- Question / Answer

Learning Materials:

The instructor will supply a workbook and handouts of the PowerPoint presentation used in this course. Lecture and discussion will be the main learning activities along with the extensive use of small group activities. A short post-test will also be used to measure learning.

Assignments:

Participants are expected to actively engage in dialogue with the instructors and other participants during interactive segments of the course.

Evaluation:

There will be an opportunity for the participants to complete an evaluation of the course and the instructor. Depending on the requirements of the hosting organization, there may be a short post-test of the material at the end of the seminar.

Problems with this Workshop:

If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the training, you may talk directly to instructor, or you may contact us through our web page (www.Kantu.org) for resolution.