

Critical Incident Stress Management (CISM): Advanced Group Crisis Intervention

The two-day advanced CISM training program has been designed to provide participants with information on Critical Incident Stress Management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning Critical Incident Stress interventions as well as Post Traumatic Stress Disorder that has been established in the Basic program.

The Advanced program addresses concepts that are at the foundation of CISM and the group interventions of defusings and CISD. The course does not provide the Basic CISD instruction, but rather addresses advanced concepts in CISD and CISM. Special emphasis will be placed upon troubleshooting difficult or complex situations.

The Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life.

Learning Objectives:

- Be able to list 6 Core Activities of a CISM team
- Be able to list 3 differences in responding to a Line of Duty Death
- Be able to list 3 reasons to determine which CISM response to use when responding to a specific Critical Incident

Continuing Education Credits for Social Work Licensing:

Kantu Consultants, LLC, provider number 1138, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Kantu Consultants, LLC maintains responsibility for the program.

Social Workers completing this course will receive 13 continuing education credits.

General Continuing Education Credits:

14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 16.8 Nursing Hours; OR 1.4 general CEUs from University of Maryland Baltimore County

Completion of The CISM: Advanced Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

Day 1:(8:30 a.m - 5:00 p.m.)

- Nature of Human Stress
- Stressors, Traumatic Stress
- Symptoms of Excessive Stress
- Stress-related Diseases
- Stress Management
- Recovering from Excessive Stress
- Nature of Post-Traumatic Syndromes and PTSD
- Early Warning Signs and Symptoms of Post-Traumatic Stress
- PTSD versus Discipline Problem
- Responding to Post-Traumatic Stress in Others - Management Reaction, Peers' Reaction, Referral
- A Rationale for CISD
- Why CISD Works
- Role of CISD in Prevention of PTSD
- Current Thinking on Critical Incident Stress Management (CISM)
- CISD versus Psychotherapy

Day 2:(8:30 a.m - 5:00 p.m.)

- Basic Changes in CISM
- Spouse Education
- Significant Others as Team Members
- Supporting the Emergency Services Family
- Expanded Role of Peer Support Personnel
- Preserving CISM Team Members
- Lessons Learned from CISM
- Difficult Debriefings
- Multiple Line of Duty Death
- Symbolic Debriefings
- Multiple Incident Debriefings
- Comprehensive CISM approach to complex situations
- CISM in Disasters

Learning Materials:

The instructor will supply a workbook and handouts of the PowerPoint presentation used in this course. Lecture and discussion will be the main learning activities along with the extensive use of small group activities. A short post-test will also be used to measure learning.

Assignments:

Participants are expected to actively engage in dialogue with the instructors and other participants during interactive segments of the course.

Evaluation:

There will be an opportunity for the participants to complete an evaluation of the course and the instructor. Depending on the requirements of the hosting organization, there may be a short post-test of the material at the end of the seminar.

Problems with this Workshop:

If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the training, you may talk directly to instructor, or you may contact us through our web page (www.Kantu.org) for resolution.